



ALL GROUP FITNESS CLASSES INCLUDED IN THIS MEMBERSHIP

Visit ashlink.com to verify eligibility (be sure that they are NOT SilverSneakers). Enter the username, password and PIN on the outside of binder.

If they come up at another gym they need to call 877.427.4788 to change to NRH.

If not eligible, try SilverSneakers (fitness.healthways.com)

(Legal name as it appears on insurance card)

First Name: _____ **MI:** _____ **Last Name:** _____

DOB: / /

Fitness ID # (get from ashlink.com): _____

Home #: _____ **Cell #:** _____

Email: _____

Street Address: _____

City: _____ **Zip:** _____

Spouse First Name: _____ **Last Name:** _____

Cell #: _____

Emergency Contact (Outside of Home)

First Name: _____ **Last Name:** _____

Phone: _____ **Relation:** _____

Today's Date: _____

I was shown how to scan in when I visit each time. If I lose my card, a replacement is \$5

I hereby release, absolve, indemnify and hold harmless the City of North Richland Hills, the Parks and Recreation Department, its employees, activity officials, supervisors, any or all in the event of any accident, injury or death sustained by the named participant(s) on this registration form while being transported to or from an activity, or while participating in any activity, from any liability of any kind whatsoever. All activities involve some physical nature, I understand and assume the risk in participating. In the event of serious accident or injury, I understand city officials may contact 911, provide and perform first aid, and when necessary, recommend transport to a hospital and reach the parent/guardian/emergency/contact as soon as the situation allows. NRH Centre is not responsible for insurance changes which result in discontinuing the AARP/UHC benefit. Membership may be revoked at the discretion of Management if misuse or abuse. NRH Centre is not responsible for items left unattended. Day use lockers are available. Membership provides access to the Fitness Center, walking track, gymnasium, aquatics during open swim and Group Exercise classes. Fee must be paid to obtain other wellness services: classes, personal training, massage, private yoga, nutrition, etc.

X _____ **Date:** _____

OFFICE USE ONLY

On ashlink; hit magnifying glass, click **ADD MEMBER TO LIST**

If they come up as at another gym, **STOP THE PROCESS** and have them call 877.427.4788 to change to NRH

Do they owe a fee (see bottom of screen)? **\$25** **\$100** Take photograph & print membership card

Update ALL information in ActiveNet Tell member ALL GF Classes Included

Type Member ID into Alert tab in ActiveNet Show the process for scanning in

Register for Silver&Fit membership

FORM IN TEDDI'S BOX

*If they were in a different program at NRHC, withdraw them & shred inactive card

Form Completed by: _____