



GYMNASIUM RULES

- Gymnasium is available to members and day pass participants for open play during posted hours or with staff authorization. **Open Play hours are subject to change.** Open play hours are adjusted seasonally (Fall, Winter, Spring, Summer).
- All Open Play participants **must check-in and sign-in PRIOR** to entering the gym. All Open Play participants are required to wear a wristband received at the time of purchase and check-in. **Wristband must be worn the entire duration of facility use.**
- Gymnasium patrons must be 10 years of age or older. **Those 9 years or younger must be directly supervised by an adult.**
- Basketballs and volleyballs are available for Members to check-out. Membership Cards must be present.
- **Hanging on rim, backboard or net is not permitted. Please report any broken equipment or concerns to Guest Services immediately.**
- **Court shoes are required.** NO street shoes, boots, sandals, dress shoes, flip flops or bare feet.
- **Shirts must be worn at all times and all pants/shorts must be worn at the waist.** All hats must be removed when in the gymnasium.
- **No food or gum is allowed in the gymnasium. Please dispose of trash in proper containers.**
- Water and sports drinks are permitted in drinking bottles with secure lids. No glass containers allowed.
- Spitting, dipping, smoking, vaping, or chewing is not permitted.
- **Fighting, foul or obscene language, antagonistic behavior, screaming, yelling, overly aggressive play, and related actions will result in immediate expulsion from the facility.**
- Headphones are required when using a portable listening device.
- **Misuse or throwing any equipment will result in dismissal from the facility.**
- NRH Centre is not responsible for damage, lost or stolen. Lockers are available for personal items. Personal lock required.